

ORAL CONSCIOUS SEDATION

PRE-TREATMENT INSTRUCTIONS

- 1. Eat only a light meal 2-3 hours prior to your appointment.**
- 2. Do not take sleeping pills or sedatives other than the one prescribed by the Dentist 24 hours before or after your appointment.**
- 3. Do not use any stimulants such as coffee or other caffeinated beverages for 12 hour before or after your appointment.**
- 4. Do not wear contact lenses to your appointment.**
- 5. Arrange to have someone drive you to and from the appointment.**
- 6. Arrange to have a responsible adult stay with you after the appointment until you feel back to normal.**

POST – TREATMENT INSTRUCTIONS

- 1. Go home and rest for the remainder of the day.**
- 2. Do not perform any strenuous activities.**
- 3. Eat a light diet and drink plenty of liquids.**
- 4. A feeling of nausea may occur following sedation, rest should help this.**
- 5. Do not drive or perform potentially dangerous tasks for the rest of the day even if you feel fine and think you are capable.**
- 6. Do not drink alcohol for 48 hour after treatment**
- 7. Have a responsible adult stay with you for at least 12 hours.**
- 8. Take Advil, Motrin or Tylenol for mild pain.**
- 9. If you have any questions or concerns call us at 978-475-1030**

I understand the above instructions and agree to comply with them.

Patient Signature

Date

Witness